

Is your child meeting the proper Developmental & Learning Milestones?



TINY TOTS THERAPY,
INC.

Use this checklist. If you see any sign of problem contact a professional at TTTinc to help guide you.

As a Pediatric Therapy Group, TTTinc can give you and your child professional help and guidance, while recommending the best routes for therapy so that your child can start to develop properly.

By Age 3, your child should be able to:

- Run without falling very often
- Walk up & down stairs
- Imitate drawing a circle (even if it is not quite round or closed)
- Build a tower of at least 8 blocks
- Point to the following 6 parts of the body when asked: hair, nose, eyes, feet, hands, & mouth
- Name several objects such as a table or chair
- Follow simple directions
- Count to 3
- Repeat simple songs or rhymes
- Match colors & shapes
- Put on some clothes without help
- Speak to most adults & be understood

By Age 5, your child should be able to:

- Climb a ladder to a slide
- Hop on one foot for a short distance
- Draw a simple house or person
- Cut with scissors on a straight line
- Count five objects
- Copy a picture of a square
- Explain what objects are used for, for example, a knife is used for cutting
- Understand the concept of “today”, “yesterday”, and “tomorrow”
- Understand words like “on”, “under”, and “behind”
- Match colors & shapes
- Go to the bathroom without help

By Age 4, your child should be able to:

- Stand on one foot for a few seconds without falling
- Catch & throw a ball
- Cut with scissors
- Hold crayons with fingers (not fists)
- Ask “how” and “why” questions
- Answer questions such as, “What do you do when you are thirsty?”
- Speak in a sentence of about 5 words
- Recognize and name at least 3 colors
- Enjoy playing with other children
- Dress themselves completely (with some help on pullover shirts)
- Count to 5

Signs of a possible problem:

- Rubbing eyes or complaints that eyes hurt
- Holding things close to see them
- Bumps into objects/people
- Turned or tilted head when looking at things
- Appears clumsy
- Trouble or not seeing things that are far away
- Having lots of ear aches
- Puts inedible objects in mouth
- Talking very loud or very soft
- Seems sad or cries for no reason
- Destroys objects without reason
- Purposely hurts others or self

How To Know:

Every parent wants their child to grow up happy and healthy, but how does a parent know?

The first five years of a child's life are very important. It is during this time that the child learns to move about, communicate, and interact with the environment around them. They develop learning styles and personalities as well as patterns of behavior they will carry into adulthood.

So how does a parent know if their child's development indicates a problem with movement, communication, and learning?

Some children have difficulties with learning and development that can be detected early. Observation and development models are tools that can help a parent evaluate their child's progress. Early childhood screening can detect problems as well.

Look at the general developmental models for 3, 4, and 5 year old children. Keep in mind all children do not develop at the same rate but the check lists will give you ideas of things to watch for. If your child has trouble with any of the listed items and you are concerned, we can help you find out if your child may need special help through early childhood screening.

What If You Suspect:

What if I suspect my child may have a learning disability?

The school district is required by law to identify and screen all children who may need special education services by age five.

The process of screening involves checking your child's vision, hearing, speech, thinking, and movement. Specialists will talk with you about your child's history and development. Screening usually takes about 15 minutes. The Tiny Tots Therapy staff also conducts screenings as well as evaluations which take 45 minutes to an hour if need be.

How do I arrange for a screening for my child?:

For more information on screenings and how to make an appointment for a screening, please contact Tiny Tots Therapy. We will walk you through the screening process and perform further testing if it is necessary. We will have one of our therapists recommend your best therapy and treatment options if they would be beneficial to your child.

You can contact us at 908-380-7715, email us at info@tinytotstherapyinc.com, or request an appointment online at <http://hgh3887.wufoo.com/forms/appointment-request-form/>

What If A Screening Indicates Something?:

If a screening result suggests that there is a problem, you will be given specific recommendations and suggestions specific to your child.

Sometimes the results are indicative of a concern that may not need to be addressed by additional testing. If that is the case then our staff will discuss ways you can work with your child to help ensure progress in problem areas.

What If My Child Is Younger Than 3?:

If your child is younger than 3 years old and you suspect that he/she is not meeting the proper developmental milestones for his/her age, that your child might qualify for the early intervention program. This program is offered through Tiny Tots Therapy and can be put through your insurance if we accept your plan.

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