

THERAPY NOOK

Activities & Therapy

Answers

For child, family, therapist, and teacher



Welcome to *Therapy Nook*.

In this issue, you will find activities for snow days, some updates on Tiny Tots Therapy and where you can find us in 2012, and some information on learned helplessness. Please do not forget that Therapy Nook Catalog is now out! Visit www.Tinytotstherapyinc.com to view our current catalog, but always check back for updates!

Tips & Tricks:

For Fun & Sensory Friendly Snow Days

Snow days can be rough when you are stuck inside with the kids all day. But no fear! There are ways to keep them occupied and happy.

- 1) Bring out the board games! Many board games, such as Connect 4, can help work on hand-eye coordination, pinching, and other strengths! Other great games are Operation, Ker Plunk, and all peg board games.
- 2) Bake! Make some cookies. Get the kids involved by bringing out cookie cutters or letting them roll the cookie dough into balls to bake. After they have baked and cooled, let them have some fun decorating. Use icing, sprinkles, chocolate chips,



and any other candy you have left from the holidays. Let them create!

- 3) Build a snow fort! But make it more fun and vibrant by adding food coloring to the snow.

These activities will help keep your kids active and happy while they are stuck inside on a snow day, or even after school or on the weekends when they are looking for some entertainment.

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What's Coming Up!

- Social Skills Groups are starting soon! Call our office to register now! Space is limited!
- The 2012 Therapy Nook Catalog has now been added to our website! Stop by & check it out!
- LOOK for us! Tiny Tots Therapy Inc. and Therapy Nook LLC will be attending the following events!
 - NJ Kids Expo
 - March Of Dimes Walk
 - Autism Day at the UN
- Don't forget to take a look at our 2012 Therapy Nook Catalog for great pediatric therapy equipment & products!

For more information, please visit our website at:

www.tinytotstherapyinc.com

*"Transforming Lives...
One Child & Family at a Time"*

What does the March of Dimes Do?

Many people don't know about all of this accomplishments and efforts that are a result of the March of Dimes. We will be hosting a "Networking For A Cause" event supporting the March of Dimes in March. Here is some information on why this charity is a great one to support and become a part of.

"The March of Dimes is the leading nonprofit organization for pregnancy and baby health. We help

moms have full-term pregnancies and research the problems that threaten the health of babies. With chapters nationwide, the March of Dimes works to improve the health of babies by preventing birth defects, premature birth and infant mortality." - Kelly Witkowski, Senior Community Director for March of Dimes Middlesex County.

Thinking Out Loud: School Behavior

Teachers play a very important role in the lives of students in the classroom. Teachers may impact a student's relationship to his/her academic environment early on. This relationship will often times shape how a student views the learning experience as a whole. While behavioral modification in the form of

positive/negative reinforcement, verbal cues and the like are tools to be used by the teacher in assisting a student in the classroom, they may also have a negative impact on children. When a cue or a reinforcer becomes more of a permanent mainstay in the student's curriculum rather than the assist or facilitator it was originally intended to be it can actually impede a child's progress and success in their academic environment. This can be especially damaging to children with learning disabilities. These children have great difficulty feeling successful in their academic environment.

Often times students with learning disabilities will also have behavioral issues and will be academically classified by these behaviors. These behaviors may have a clinical/biological basis but there are also students who "act out" due to the frustrations that are felt in school due to their learning disability. As parents, teachers, and professionals, we need to approach every child's needs individually and realize what may work for one, will not work for all.



Where You Will Find TTTinc!

TTTinc will be involved in many conferences and charitable events this season. Many of you have seen us in the NJ Family Magazine as some of NJ's Kids' Top Docs, but if you haven't, check out our Facebook page and website to find out what one of TTTinc's owners said about Tiny Tots Therapy!

Thursday March 22nd we will be hosting a Networking and Fundraising event for the March Of Dimes. The event will take place at 6pm at Kairo Kafe located at 49 Bayard Street in New Brunswick, NJ. For more information, please contact Holly at 908-380-7715 or by email at prholly@tinytotstherapyinc.com

April is Autism Awareness Month! You can find us attending the panel discussion at the UN on April 6th!

We will also be participating in the Walk For Babies walk in April, which is hosted by March of Dimes. For more information on these events, please contact us at: admin@tinytotstherapyinc.com

We would also like to thank everyone who donated toys & non-perishable food!

